



DAILY STUDY PLANNER



Discipline
Today
Success
Tomorrow

Plan today. Study smart. Achieve tomorrow. ♥



DATE : _____



DAY : _____



SEMESTER : _____



TODAY'S FOCUS : _____

TOP 3 PRIORITIES



1. _____
2. _____
3. _____

TO-DO LIST



- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____



STUDY GOALS

- _____
- _____
- _____



SUBJECTS TO STUDY

- _____
- _____
- _____
- _____
- _____
- _____



STUDY SCHEDULE



TIME	SUBJECT / TOPIC	TASK / PLAN	DONE
5:00 AM			☐
6:00 AM			☐
7:00 AM			☐
8:00 AM			☐
9:00 AM			☐
10:00 AM			☐
11:00 AM			☐
12:00 PM			☐
1:00 PM			☐
2:00 PM			☐
3:00 PM			☐
4:00 PM			☐
5:00 PM			☐
6:00 PM			☐
8:00 PM			☐
9:00 PM			☐
10:00 PM			☐



HABIT TRACKER

	M	T	W	T	F	S	S
Wake Up Early	☐	☐	☐	☐	☐	☐	☐
Study on Time	☐	☐	☐	☐	☐	☐	☐
No Phone Time	☐	☐	☐	☐	☐	☐	☐
Drink Water	☐	☐	☐	☐	☐	☐	☐
Take Breaks	☐	☐	☐	☐	☐	☐	☐
Sleep on Time	☐	☐	☐	☐	☐	☐	☐
Exercise	☐	☐	☐	☐	☐	☐	☐



STUDY SESSION TRACKER

FOCUS GOAL (HOURS)

ACTUAL STUDY (HOURS)

BREAKS TAKEN



NOTES





TODAY I FEEL



Great



Good



Okay



Tired



Stressed

