

WEEKLY Study Planner

Plan your week. Stay focused. Achieve your goals.



YOUR NAME : _____

WEEK OF : _____

WEEKLY GOALS



- _____
- _____
- _____



MONDAY

- Subject : _____
- Time : _____
- Tasks : _____

☐ Done



TUESDAY

- Subject : _____
- Time : _____
- Tasks : _____

☐ Done



WEDNESDAY

- Subject : _____
- Time : _____
- Tasks : _____

☐ Done



PRIORITY TASKS

- ☐ Assignment
- ☐ Revision
- ☐ Practice
- ☐ Project / Work
- ☐ Other



THURSDAY

- Subject : _____
- Time : _____
- Tasks : _____

☐ Done



FRIDAY

- Subject : _____
- Time : _____
- Tasks : _____

☐ Done



SATURDAY

- Subject : _____
- Time : _____
- Tasks : _____

☐ Done



Small steps
every day
lead to

BIG RESULTS.



SUNDAY

- Subject : _____
- Time : _____
- Tasks : _____

☐ Done



NOTE / REMINDER

• Don't forget : _____

• Motivational Quote : _____



STUDY SCHEDULE

6 AM - 8 AM
8 AM - 10 AM
10 AM - 12 PM
12 PM - 2 PM
2 PM - 4 PM
4 PM - 6 PM
6 PM - 8 PM
8 PM - 10 PM
10 PM - 12 AM



STUDY TRACKER

- Total Hours Planned : _____
- Total Hours Studied : _____
- Most Productive Day : _____

FOCUS LEVEL (1-10)

1 2 3 4 5 6 7 8 9 10

WEEKLY REVIEW

What went well this week?

What can be improved?

What is my goal for next week?



FOCUS
PLAN
ACHIEVE